



SRIMATH SIVAGNANA BALAYA SWAMIGAL TAMIL, ARTS, SCIENCE COLLEGE

MAILAM – 604 304. Villupuram Dt. Tamilnadu.
(Affiliated to Thiruvalluvar University, Accredited by NAAC)



Website: www.mailamtamilartscollege.com Email: ssbstc@yahoo.in Ph.No.: 04147-241236

WOMEN DEVELOPMENT CELL

IN ASSOCIATION WITH

INTERNAL QUALITY ASSURANCE CELL (IQAC)

ORGANISES

Motivational Webinar on **“BE THE BEST OF YOURSELF”**



PRESIDENTIAL ADDRESS

Mailam Bommapura Adhinam

Sri Sivagnana Balaya Swamigal

20th Pontiff Guru Maha Sannithanam

Chairman,

SSBSTAS College - Mailam.

WELCOME ADDRESS

Dr. S.Thirunavukkarasu

Principal

SSBSTAS College - Mailam



INAUGURAL SPEECH

Sivathiru. Capt. Rajiv Kumar Rajendran

Secretary

SSBSTAS College – Mailam



KEY NOTE ADDRESS

Dr. Karthiya Banu

Founder & CEO,

Inspire Softech Solutions, Chennai



14th July 2021 (Wednesday) @11.00 a.m

Zoom link: <https://us02web.zoom.us/j/7736169200?pwd=TmFKU3RDVVZZUEs3Ym96dkgzV1ZVUT09>

Meeting ID: 773 616 9200 Passcode: 123456

Youtube link: https://www.youtube.com/channel/UC_oWrY0-5v2_K2cSSTsRrXw

Organizing Committee

DR. C. ANURADHA

ASST. PROF. DEPT. OF COMPUTER APPLICATIONS

MRS. M. MUTHULAKSHMI

ASST. PROF. DEPT. OF COMPUTER SCIENCE

DR. G. SUBASHREE

ASST. PROF. DEPT. OF TAMIL

MRS. A. KANIMOZHI

ASST. PROF. DEPT. OF ENGLISH

MRS. V. SUDHA

ASST. PROF. DEPT. OF COMMERCE

WOMEN DEVELOPMENT CELL

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ORGANISES

Motivational Webinar on **“BE THE BEST OF YOURSELF”**

DATE: 14.07.2021

TIME: 11.00 AM

PROGRAMME SCHEDULE

Prayer Song

Welcome Address : Dr. S. THIRUNAVUKKARASU

Principal,
S.S.B.S.T.A.S College – Mailam

Presidential Address : SRI SIVAGNANA BALAYA SWAMIGAL

20th Pontiff Guru Maha Sannithanam

Chairman

S.S.B.S.T.A.S College – Mailam

Inaugural Speech : Sivathiru. Capt. RAJIV KUMAR RAJENDRAN

Secretary
S.S.B.S.T.A.S College – Mailam.

Keynote Address : Dr. KARTHIYA BANU

Founder & CEO,
Inspire Softech Solutions, Chennai.

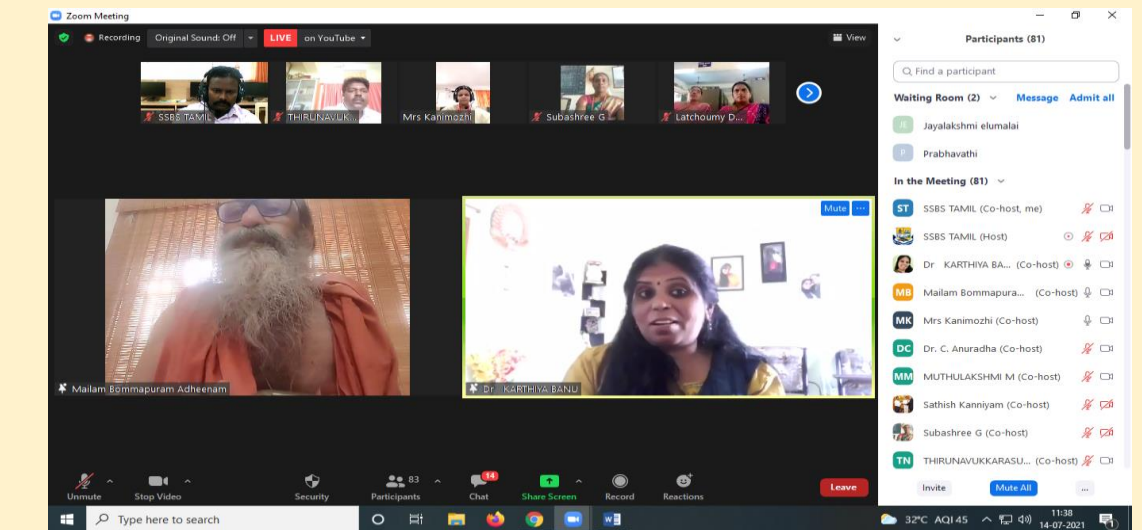
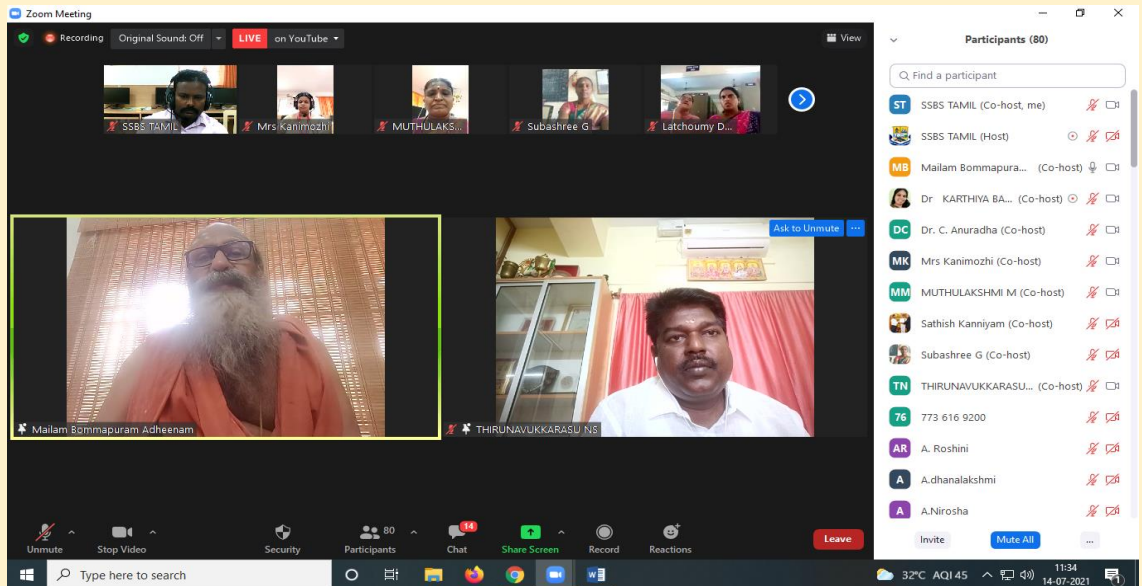
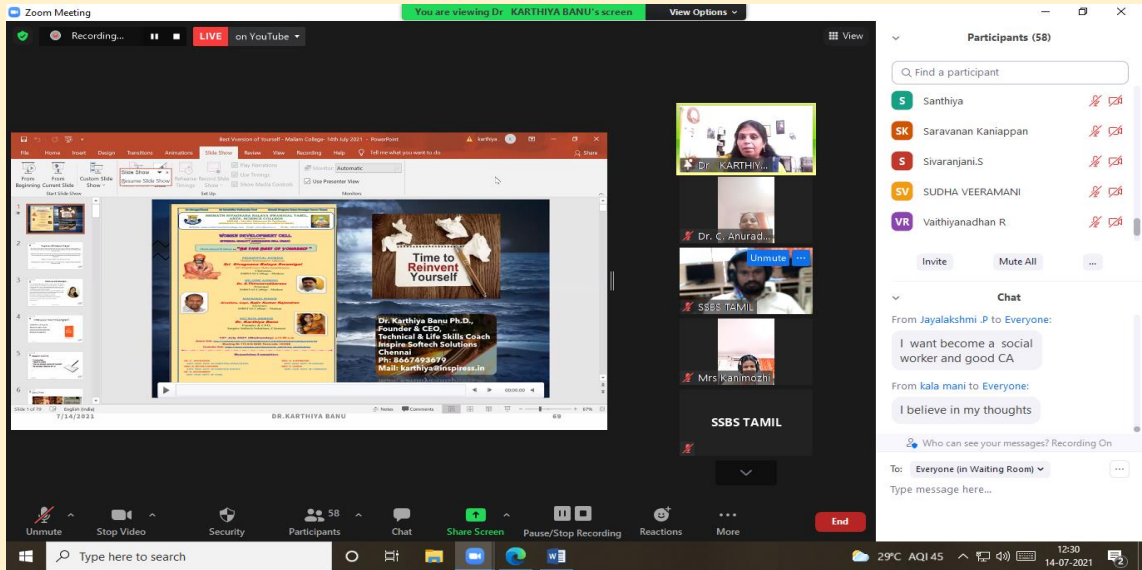
Vote of Thanks : Dr. G.SUBASHREE

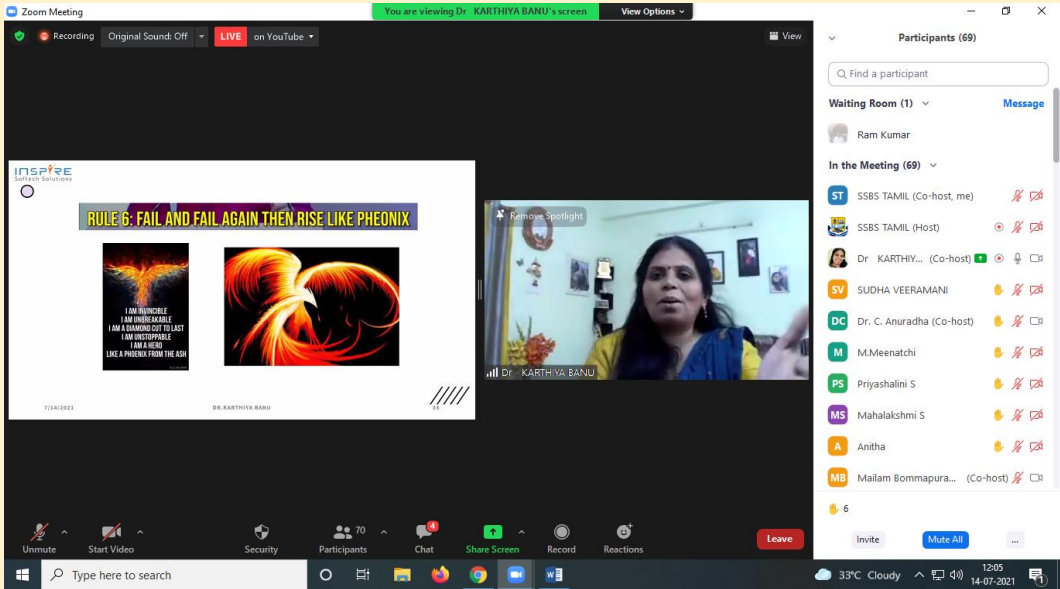
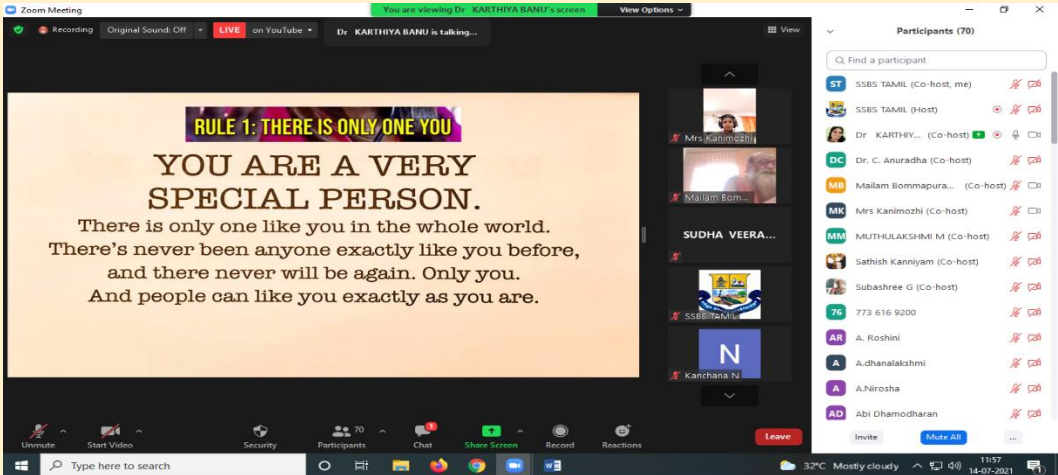
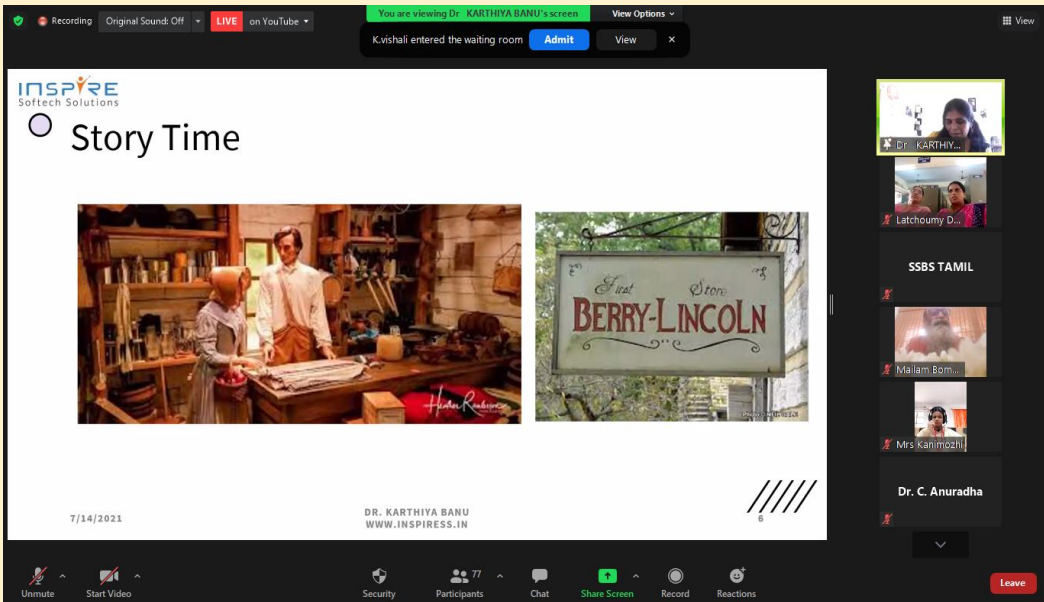
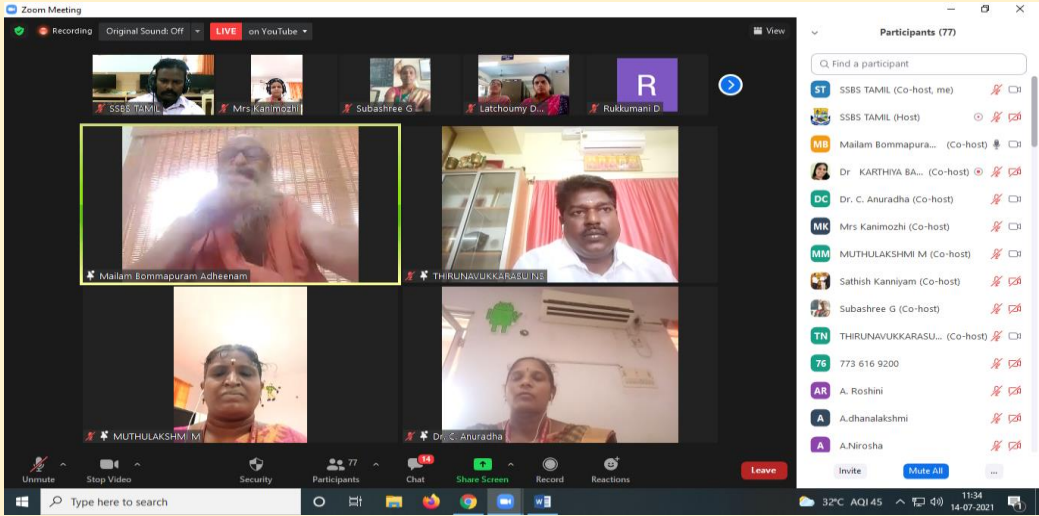
Assistant prof., Dept. of Tamil,
S.S.B.S.T.A.S College – Mailam

Master of Ceremony : Mrs. A. KANIMOZHI

Assistant prof., Dept. of English,
S.S.B.S.T.A.S College – Mailam

ZOOM GLIMPSES





Zoom Meeting

You are viewing Dr. KARTHIYA BANU's screen

View Options

Dr. KARTHIYA BANU

SSBS TAMIL

Mrs. Kanimozhi

Subashree G

Dr. Anuradha

Original Sound: Off

LIVE

on YouTube

INSPIRE

Softtech Solutions


Take up one idea.

Make that idea your life.

Think of it. Dream of it.

Live on that idea.

Let the brain, muscles, nerves, tissues, cells be fully saturated with that idea. This leads to MASSIVE SUCCESS.



SWAMI VIVEKANANDA

Unmute

Start Video

Security

Participants 66

Chat

Share Screen

Record

Reactions

Leave

Participants (65)

Find a participant

Waiting Room (1)

In the Meeting (65)

Dr. J. Azhakuvel

Dr. KARTHIYA BANU (Co-host)

SSBS TAMIL (Host)

Dr. KARTHIYA BANU (Co-host)

Mrs. Kanimozhi (Co-host)

Dr. C. Anuradha (Co-host)

MUTHULAKSHMI M (Co-host)

Sathish Kanniyam (Co-host)

Subashree G (Co-host)

773 616 9200

A. Roshini

A. dhanalakshmi

Zoom Meeting

Recording...

LIVE on YouTube

You are viewing Dr. KARTHIYA BANU's screenView Options

Participants (59)

Find a participant

S. MUTHAIYAN Assistant Profes...
Santhiya
Saravanan Kaniappan
Sivaranjani.S
SUDHA VEERAMANI

InviteMute All

Chat

From Rajasekar.S to Everyone:
I want become a CA

From Jayalakshmi.P to Everyone:
I want become a social worker and good CA

Who can see your messages? Recording On

To: Everyone (in Waiting Room)

Type message here...

Dr. C. Anuradha

SSBS TAMIL

Ask to Unmute

Mrs.Kanimozhi

SSBS TAMIL

INSPIRE
Software Solutions

6. Stop the negative self-talk

- "I'm so stupid, I could never do that job."
- "I'll look stupid and weird if I try to wear some of those clothes."
- When you receive a compliment about your work, you say, "Oh, that's nothing."

No-one likes you
You're no good
You idiot
Blah, blah
Stupid
Blah, blah

///

7/14/2021

UnmuteStart VideoSecurityParticipantsChatShare ScreenPause/Stop RecordingReactionsMoreEnd

Type here to search

29°C AQI 4512:29 14-07-2021

Zoom Meeting Recording... LIVE on YouTube View

MUTHULAKSH... Bala Murugan k M Latchoumy Devi

Participants (47)

Find a participant

- SSBS TAMIL (Host, me)
- Dr. KARTHIYA BA... (Co-host)
- Sathish Kanniyam (Co-host)
- Dr. C. Anuradha (Co-host)
- Mrs Kanimozhi (Co-host)
- MUTHULAKSHMI M (Co-host)
- SSBS TAMIL (Co-host)
- Subashree G (Co-host)
- A. Roshini
- A.dhanalakshmi
- A.Nirosha
- BA. Archana
- Bala Murugan k
- Bavani

Unmute Start Video Security Participants Chat Share Screen Pause/Stop Recording Reactions More End

Type here to search 29°C AQI 45 12:40 14-07-2021